

Lunch Mon.-Fri. 11 am to 2 pm

All salad dressings are gluten-free

Caesar Salad

Fresh-cut romaine lettuce tossed with parmesan cheese and seasoned croutons with Caesar dressing on the side. \$10 Add chicken +\$5 or salmon +\$7

Tender spring mix topped with blue cheese, candied pecans, red onions, sun dried cranberries, and croutons. Recommended dressing: raspberry vinaigrette. \$12 Add chicken +\$5 or salmon +\$7

Greek Chopped Salad Greek Chopped Salad

Romaine lettuce with salami, ham, pepperoni, feta cheese, parmesan cheese, pepperoncini peppers, sliced red onions, black olives, cherry tomatoes, Italian seasoning, and croutons. \$15

Soup & Salad Bar

Unlimited trips to our soup and salad bar (dine-in only). Ask your server about today's featured soups. \$10

PASTA BAR

You pick the pasta, sauce, and ingredients. Pasta bar only \$12. Pasta bar, soup & salad \$15.

Pasta bar can be tailored to be V VE GF DF









ENTRÉES

Cold Soba Noodle Salad with Teriyaki Salmon 🙃

Buckwheat noodles, shredded carrots, edamame, red cabbage, and green onions tossed in our house-made, Asian-inspired sauce and topped with a grilled Teriyaki glazed salmon. \$13 Substitute Teriyaki glazed chicken.

Caribbean Chicken 🙃 🙃

Grilled marinated chicken with cilantro chimichurri sauce on steamed white rice. Served with black beans and a grilled pineapple slice. \$12

Pulled Pork Nachos @

Fresh made tortilla chips with pulled pork, BBQ sauce, shredded cheddar and mozzarella, black beans, jalapenos, cilantro, green onions, and sour cream. \$11

Fish & Chips of

Beer battered Atlantic cod served with house-made remoulade sauce and a side of seasoned fries. Another side may be substituted. \$12

Chicken Tenders on

Four crispy chicken tenders served with your choice of BBQ, honey mustard, ranch, or buffalo sauce. Served with your choice of one side. \$10



PANINIS

Paninis are served with your choice of one side.

Cuban

Sliced roasted pork and ham topped with pickles, Swiss cheese, and Dijon aioli on a toasted hoagie bun. \$11

Chicken Bacon Melt

Grilled chicken topped with bacon, caramelized onions, and smoked Gouda with Thousand Island Dressing on wheat bread. \$11

Turkey Prosciutto Melt

Sliced turkey, prosciutto, and avocado topped with pepper jack cheese and mayo on wheat bread. \$12

SANDWICHES

Sandwiches are served with your choice of one side.

B.L.T.

Bacon, lettuce, sliced tomatoes, and mayonnaise on white toast. \$9

Sweet & Tangy Pot Roast Hoagie ••

A toasted hoagie bun with slow roasted pot roast, sliced onions, giardiniera, and our signature sweet and spicy, vinegar-based sauce. \$12

Grilled Cheese with Jam

American, cheddar, and Havarti cheeses with apple bacon maple jam toasted on white bread. \$9

SIDES

Add a side or the soup and salad bar for \$3 Seasoned Fries · Sweet Potato Fries · Onion Rings Kettle Chips · Cottage Cheese · Fresh Fruit

Pork Tenderloin

Our classic hand-breaded tenderloin sandwich with lettuce, tomatoes, pickles, and haystack onions on a Kaiser roll. \$11

Tyler's Italian Sub

A toasted hoagie bun with salami, prosciutto, pepperoni, mozzarella, spring mix, tomatoes, red onions, pepperoncini peppers, Italian seasoning, and mayo, then drizzled with red wine vinegar and extra virgin olive oil. \$12

The Burger

A 10-ounce burger served medium with lettuce, tomatoes, pickles, and onions on a Kaiser roll. Add American, cheddar, Swiss, pepper jack, blue cheese, bacon, or sautéed mushrooms for \$.50 each. \$12

drinks

All beverages \$2

Coke · Cherry Coke · Diet Coke · Pibb · Fanta Orange Mello Yello · Sprite · Sweet Tea · Unsweet Tea Raspberry Tea · Hot Tea · Lemonade · Coffee · Decaf

Ask your server about our cocktail menu









Many dishes can be modified for dietary restrictions. Please let your server know how we can best serve you.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.